



FOR YOUTH DEVELOPMENT™
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

2012 Oswego YMCA Warm Up Hot 2K

Saturday, February 4, 2012

Start Time 12:05pm

Entrance Fee:

Non-Perishable food item
 for Human Concerns Pantry

**COSTUMES ARE
 ENCOURAGED
 USE YOUR IMAGINATION
 AND MAKE IT FUN!**



Kick off the 2012 WARM UP OSWEGO FESTIVAL with the Oswego YMCA's HOT2K Fun Run or Walk. Run starts promptly at 12:05pm on Saturday, Feb 4th. The course begins in front of the Oswego YMCA Armory and will loop once around the Utica and Bridge Street bridges. Festive prizes will be awarded to the 1st, 2nd, and 3rd place finishers.

Oswego YMCA
 249 West First Street
 Oswego, New York 13126
 315-343-1981

www.oswegoymca.org
 f Oswego YMCA
 t Oswegonyymca
 Fax: 315-343-3750
 frontdesk@oswegoymca.org

Oswego YMCA Armory
 265 West First Street
 Oswego, New York 13126
 315-342-6082

2012 Warm Up Oswego Festival
 Oswego YMCA HOT2K Walk/Run Registration
 Saturday, February 4, 2012 Start Time 12:05pm
 Entry Fee: Non-perishable food item for Human Concerns Food Pantry

NAME	AGE ON RACE DAY	ADDRESS	CITY	STATE	ZIP CODE

PHONE #	EMAIL ADDRESS	EMERGENCY CONTACT NAME	PHONE#

PARTICIPANT WAIVER: I know that running is a potentially hazardous activity. I should not enter the race unless I am medically able and properly trained. I agree to abide by any decisions of race officials relative to my ability to safely complete the run. I assume all risks associated with running, including, but not limited to fall, contact with other participants, the effects of the road and traffic on course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I for myself and anyone entitled to act on my behalf, waive and release the City of Oswego, all event sponsors, Oswego YMCA, the directors, employees, agents, representatives and successors from all claims or liability of any kind or nature whatsoever arising out of my voluntary participation in this race even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Participant Name	Signature	Date
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Parent's Name (if participant is 17 or younger)	Signature	Date
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